

Beaumont Athletics

Student-Athlete Handbook 2008-2009



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INTRODUCTION

The policies and procedures of the Interscholastic Sports Program for Beaumont School are presented in this handbook. The policies and procedures of the Ohio High School Athletic Association and Beaumont School are to be followed in the literal interpretation and the spirit of the policy. Participation in athletics is a privilege, not a right. Denial of participation may occur when any OHSAA or Beaumont policies and/or procedures are not followed. All policies are in effect during the season of participation. The season is defined as the first day an athlete participates in practice and concludes at the end of the season banquet.

This information was brought together in a handbook to inform all personnel of their duties and responsibilities. These policies and procedures are designed to help coaches, parents, and student-athletes and to maintain a uniform program.

The rules and regulations of the Ohio High School Athletic Association are not included in this handbook. Copies of these rules are in the athletic office. Questions should be addressed to the Athletic Director. Beaumont School rules are not included in this handbook. Copies of these rules are in the main office. Questions should be addressed to the Assistant Principal.

BEAUMONT SCHOOL MISSION

Beaumont, sponsored by the Ursuline Sisters of Cleveland in collaboration with lay educators, embraces the Ursuline philosophy of education which is rooted in Jesus Christ, inspired by the spirit of St. Angela Merici, and directed toward the formation of contemporary women. We believe this can best be accomplished in a college preparatory liberal arts, single sex, and multicultural setting. We encourage young women to strive for academic excellence, to exercise leadership, to value diversity, and to embrace social justice.

BEAUMONT SCHOOL STATEMENT OF BELIEFS

We believe a Beaumont education emphasizes:

- The rich traditions of prayer, worship and caring.
- A critique of societal standards based on the values of the Gospel.
- The development of creative and critical thinking skills within the framework of a supportive environment.
- Opportunities for each student to actualize her intellectual, spiritual, aesthetic, social, and athletic abilities.

We invite each graduate to accept responsibility for continued growth as a life-long learner in the Beaumont tradition of community, leadership, academics, service, self-confidence, integrity, and compassion.

BEAUMONT ATHLETIC DEPARTMENT MISSION

To support the overall mission of Beaumont School through a regionally competitive interscholastic sports program that attracts, nurtures, and graduates student athletes who demonstrate integrity and character while pursuing excellence in their respective sports.

BEAUMONT ATHLETIC DEPARTMENT GOALS

The Beaumont School athletic Program will:

1. Respect and reflect the quality of the academic environment in which it operates;
2. Recruit, hire, and retain the most qualified coaches possible; and require those coaches to exemplify integrity and character and to strive for excellence in coaching skills and techniques through ongoing professional development;
3. Promote and encourage sustained support, pride, sportsmanship, and communication on the part of all Beaumont constituencies; the student body, student-athletes, coaches, parents, faculty, and administration; and
4. In conjunction with Beaumont's Development Department, seek greater financial support to enhance and sustain quality facilities and equipment.

**BEAUMONT INTERSCHOLASTIC ATHLETIC PROGRAMS
2008-2009**

<u>Sport</u>	<u>Level</u>
Fall Season	
Cross Country	Varsity/Junior Varsity – no cut
Golf	Varsity/Junior Varsity
Soccer	Varsity/Junior Varsity
Tennis	Varsity/Junior Varsity
Volleyball	Varsity/Junior Varsity/Freshmen
Winter Season	
Basketball	Varsity/Junior Varsity/Freshmen
Indoor Track	Varsity – no cut
Swimming/Diving	Varsity/Junior Varsity – no cut
Spring Season	
Lacrosse	Varsity/Junior Varsity
Softball	Varsity/Junior Varsity/Freshmen
Track and Field	Varsity/Junior Varsity – no cut

CHAIN OF COMMAND

The assistant coaches are responsible to the head coach. All head coaches are responsible to the Athletic Director and Assistant Athletic Director. The Athletic Directors are responsible to the Principal.

In the event a conflict occurs, the following guidelines must be followed:

1. The student-athlete will talk with the coach first. The members of the athletic department are teaching life skills that will help the student-athletes be successful in all aspects. Thus, important lessons for student-athletes to learn are responsibility and how to tactfully approach conflict situations.
2. If, after the student-athlete talks with the coach and the issue is not resolved, the student athlete may contact the Athletic Director for help mediating the situation.

3. If mediation is not successful, the parent may call the coach to schedule a meeting with the coach, athlete and the parent. Parents and athletes are asked not to confront a coach before or after a contest or practice as these can be emotional times for all parties involved and do not promote resolution. A formal, written complaint may be submitted at this time to the Athletic Director.
4. If the issue is still unresolved, the parent should set up a conference for the parent, coach, and athlete with the Athletic Director.

FIRST DAY OF PRACTICE

Athletes need to be in attendance at the first day of practice to try-out for a team. Unavoidable conflicts must be dealt with in advance through the Athletic Director and Coach.

In order to try-out for a sport, the following items must be turned into the athletic office or coach, on or before the first day of practice:

1. Completed Physical
2. Completed Emergency Medical Form
3. Activity Fee (ranges from \$210 - \$320)
4. Signed Handbook Form
5. Signed Team Rules Form

In addition, a parent/guardian must attend the Pre-Season Parent Meeting.

PHYSICAL EXAMINATION

According to OHSAA rules, all athletes must have a signed physical form and an emergency medical form on file in the Athletic Department before trying out, or practicing for a sport. Physicals may be given by your family physician or any walk-in facility. Physicals are valid for one year from the **date** of the exam. Forms are located online at either www.ohsaa.org or www.beaumontschool.org.

EMERGENCY MEDICAL FORM

A completed emergency medical form is also a requirement for participation in athletics at Beaumont. This form includes medical information as well as proof of outside insurance and assumption of risk. Forms are located online at www.beaumontschool.org.

ACTIVITY FEE

Beaumont School charges an activity fee to participate in athletics. This fee is due on the first day at tryouts. If a student is not chosen to participate on the team she is trying out for, the check will be returned. If a student chooses to quit a team after try-outs are completed, the fee will not be refunded. This fee is used to help defray the costs of transportation, officials, equipment, and coaches' salaries. The following fee schedule will be in effect for the 2008-2009 school year.

<u>Sport</u>	<u>Amount</u>
Fall Season	
Cross Country	\$260
Golf	\$260
Soccer	\$260
Tennis	\$260
Volleyball	\$260
Winter Season	
Basketball	\$260
Indoor Track	\$210
Swimming/Diving	\$320
Spring Season	
Lacrosse	\$260
Softball	\$260
Track and Field	\$260

PRE-SEASON PARENT/ATHLETE MEETING

Each season a Mandatory Pre-Season Parent/Athlete Meeting will occur. This meeting will be held the week before try-outs. At this time the Athletic Director and coaches will explain the expectations of being a member of an athletic team at Beaumont. A Booster Club representative and the athletic trainer will also speak at this time. It is important that expectations are clear on all levels, which is the reason this meeting is MANDATORY for parents and before try-outs. Coaches will meet with the student-athletes at a separate meeting a few weeks before try-outs.

TRY-OUTS

In sports requiring try-outs and cuts, coaches will have a defined try-out procedure. They will evaluate each student-athlete in a consistent manner using the same criteria. This criterion will be made available to each athlete before the try-outs occur. Coaches will present an overview of the try-out procedure and key skills at the Pre-Season Parent Meeting.

SPIRIT PACKS

Spirit wear packages will be chosen by the seniors and coaches and presented to the Athletic Director. All efforts will be made to keep packages consistent so students will not need to purchase entire packages yearly. Once purchased, these items are the property of the student. Beginning in fall, 2008, spirit wear sweatshirts are not part of the daily uniform and may only be worn on spirit days.

UNIFORMS AND WARM-UPS

Uniforms, except for swimming, are the property of Beaumont. Uniforms and warm-ups are to be worn only for interscholastic athletic competition involving Beaumont. Student-athletes are expected to wear school issued warm-ups, the contest uniform, or school dress uniform to all contests. Head coaches will distribute and collect uniforms. Any student-athlete who does not return her uniform will be charged **\$100**. Awards will be held until this financial obligation is met.

Directions for care of the uniform are printed on the inside of the uniform. As a general rule of thumb, uniforms should be washed in cold water with non-chlorine bleach if needed and allowed to line dry. Hot water and the heat of the dryer negatively affect the life of the uniform. Please help keep costs down by respecting uniforms.

PRACTICE CLOTHING

Athletes are to be dressed in a manner that is appropriate for practices, games, and for travel. T-shirts may not contain slogans and graphics that are objectionable to the philosophy of Beaumont. Practice clothing must be functional but not sloppy, ripped, torn or immodest.

USE OF LOCKER ROOM

Athletes are to store all equipment, practice gear, and uniforms in a locker in the locker room located in the gymnasium. Locks may be obtained for a sports locker from the Assistant Athletic Director. A \$5 fee will be assessed for lost locks. Student-athletes are to change for practice or games in the locker room only. Athletes are not permitted to change in the parking lot, cafeteria, hallway, gymnasium, restrooms or any location other than the locker room.

TRANSPORTATION

Students will take school provided transportation to and from all contests. Exceptions to this policy will be dealt with through the Athletic Director and the coach.

When a team practices off-campus, student-athletes may be responsible for arriving at the practice facility. A waiver (**Appendix A**) must be on file with the Athletic Director when a student-athlete transports another student-athlete. This form must also be on file if a parent transports another student-athlete home other than his/her daughter.

RETURN TO PLAY

In the case of an injury where an athlete is removed from practice or a game for a period of time for observation, the athlete may only return to play when released by the Certified Athletic Trainer and/or a physician.

If an athlete has been seen by a physician due to injury and/or illness, she is required to give the athletic trainer a written release to return to practice or play. When appropriate, a written rehabilitation and treatment program should also be given to the athletic trainer.

ATTENDANCE IN SCHOOL

Students must be in attendance at school for at least two blocks in order to practice or participate in a contest.

A student-athlete is not permitted to attend practice or games if she is attending In-School or Out-of-School Suspension.

ATTENDANCE AT PRACTICE

Student-athletes are expected to attend all practices. It is the responsibility of the student-athlete to notify the coach in advance if she will be unable to attend practice or a game. Practices will start after 3:30 pm on school days to allow student-athletes the opportunity to attend tutoring or club meetings. If a student-athlete knows she will be late due to other co-curricular obligations, a schedule must be worked out prior to the conflict with the moderator and coach. Medical appointments and other obligations should be scheduled around practices and games. Coaches will pass out an attendance policy at the Pre-Season Parent Meeting. Student-athletes can be dismissed from the team for missing practice, including vacations.

ATHLETIC ACADEMIC ELIGIBILITY

The primary role of Beaumont School is academic education. No co-curricular activity will interfere with this primary purpose. Coaches and student-athletes should always keep focused on their role in the educational process. It is for this reason that academics take precedence over any other activity. Coaches are to help the student athlete understand that tutoring obligations take precedence over athletics. Student-athletes should not abuse this right by missing practices when it is not necessary.

Mid-Term Eligibility: A student-athlete earning a D or F grade on her mid-quarter progress report will be placed on athletic probation until the grade improves. During the probation period, the student athlete may participate in practice and games as long as she meets the following requirements: the student athlete is required to work with her classroom teacher(s) or a tutor during the probation period. During the first week of probation, a student-athlete must receive additional help from her classroom teacher(s) or a tutor for a minimum of 120 minutes during the week or she will not be eligible to participate in any meets/games. This requirement will continue until the grade improves to a C or better. A student-athlete may be put back on probation if at any time the grade falls again to a D or F. Weekly academic reports are the student-athletes responsibility to obtain from the teacher.

Quarter Eligibility: According to the Ohio High School Athletic Association, in order to participate in athletics, student-athletes must have received a passing grade or a minimum of 2.5 credits in the immediately preceding grading period. Because Beaumont School places a strong emphasis on academics, student-athletes must meet an additional requirement to be eligible for athletic participation of a minimum 2.3 quarter GPA or no F in the preceding grading period. If a student becomes ineligible, the student-athlete may not participate in practice or meets/games for two weeks. During the two weeks the

student athlete will work closely with her classroom teachers and/or the tutor for a minimum of 120 minutes depending on the reason for her ineligibility. After two weeks if the student-athlete has a C or higher in all classes she may return to practice and contests. If the student has not earned a grade of C or higher in all classes, she completes the season on probation. During her probationary period, the student-athlete must continue to receive 120 minutes of help from her classroom teachers and/or tutors in order to be able to participate in meets/games. This requirement will continue until the grade improves to a C or better. Weekly reports are the student-athletes responsibility and will be obtained from teachers and turned into the athletic director weekly.

TRAINING RULES

One of the benefits when participating in organized athletic activity is a sense of physical wellness. A student should follow the training rules as outlined by her coach. Use of controlled substances is never allowed in season and out of season. For this reason, and to abide by the laws of the State of Ohio, student-athletes are not to possess, sell, or use tobacco, alcohol, or drugs.

Violation of this policy will be handled as outlined in the Beaumont Student Handbook. In addition, the student-athlete will face suspension and/or expulsion from the team depending on the circumstances of the violation. At the very minimum, a first offense, on or off campus holds a minimum consequence of a two week suspension from games and contests.

HARASSMENT POLICY

Beaumont School seeks to create and foster a Catholic School Community in which all individuals are treated with dignity, integrity, and respect. In light of these beliefs Beaumont is committed to enhancing and protecting every person's human dignity. We believe that all individuals are created in the image and likeness of God. For these reasons, the Beaumont community is entitled to pursue their fullest spiritual, intellectual, physical, social, and emotional potential. Harassment of any kind interferes with this development and, therefore, will not be tolerated.

Harassment occurs when an individual is intimidated, teased, bullied, threatened, or discriminated against because of race, religion, age, gender, physical appearance, socioeconomic status, or sexual orientation. Examples of harassing behavior include, but are not limited to, the following:

Verbal Harassment: Derogatory or demeaning comments, jokes, threatening or intimidating words spoken to or about another person or group.

Physical Harassment: Unwanted physical contact, touch, impedance, blocking, assault, hazing, or any intimidating interference with normal activity or movement.

Visual Harassment: Derogatory, demeaning, or inflammatory drawings, written words, cartoons, posters, gestures, or altered photographs physically produced or posted.

Sexual Harassment: Unwelcome insults and other verbal or physical conduct of a sexual nature.

SPORTSMANSHIP

Per OHSAA regulations, “Any player or coach ejected for unsportsmanlike conduct or flagrant foul shall be ineligible for all contests for the remainder of that day. In addition, the player shall be ineligible for all contests at all levels in that sport until two regular season/tournament contests are played at the same level of the ejection. If the ejection occurs in the last contest of the season, the student-athlete shall be ineligible for the same period as stated above in the next sport in which the student-athlete participates. A student-athlete under suspension may not sit on the team bench, enter the locker room, or be affiliated with the team in any way traveling to, during, or traveling after the contests. A student-athlete who is ejected a second time shall be suspended for the remainder of the season in that sport.”

If any suspended coach or player participates during her suspension, the contest will be forfeited.

In addition, Beaumont School expects each participant in and at an athletic event to demonstrate the highest values of sportsmanship, ethics, and integrity. Individuals, including fans, in violation of this policy, will be disciplined on an individual basis.

NCAA CLEARINGHOUSE

Any student-athlete that hopes to compete at the Division I or Division II Collegiate level must be registered with the NCAA Clearinghouse during her junior year. To register online go to www.ncaaclearinghouse.net.

RESIGNATION OF TEAM MEMBERSHIP

Beaumont School strongly discourages student-athletes from resigning from a team. We believe that the interscholastic program has a very positive influence on young student-athletes, and helps to complete a well-rounded and integrated education. If a student-athlete is contemplating resigning from a team, she should first discuss the situation with her parent(s) and her coach. If resigning from a team is deemed the only solution to a problem, then:

1. Student-athletes should inform her coach and return all equipment.
2. Once the final cut has been made, or the first contest played, no student-athlete may resign from a team and then try-out for another team during that same season. Prior to the final cut or first contest, a student-athlete who finds herself cut from a team, may try-out for another team after obtaining mutual consent from both coaches.
3. When a player resigns from a team, a conference with the Athletic Director must be scheduled. Pending the results of this conference a student-athlete may be placed on probationary status for future participation in athletics at Beaumont. If a student-athlete who is on athletic probation wishes to try-out for another sport, a parent conference must be held with the Athletic Director. It is the student athlete's responsibility to schedule these meetings.

Some sports seasons overlap. A student-athlete may not begin another sports season until all equipment has been checked in by the coach of the previous sport.

Athletic participation is an avenue for education of the whole person. Participation in interscholastic athletics should instill a sense of commitment to self and team. There are times when the amount or the type of participation can be personally disappointing, but a deeper sense of commitment to the team is important to growth as an individual and as an athlete.

SENIOR PARENTS NIGHTS

Contests where senior parents are honored may be held in any sport. Only the parents of senior athletes and managers will be honored. The Athletic Boosters will allocate a small amount of money for expenses that may incur. Senior Parent's Night is usually the last home game of the season. Parents of senior athletes will be admitted free to the Senior Night contest.

AWARDS BANQUETS

End of the year banquets will be held at Beaumont School .All student-athletes and their coaches are required to attend. A typical program is as follows: refreshments, introductions, Prayer, Athletic Director's remarks, presentation of team trophies to the school, selected student remarks, presentation of team MVP by head coaches. Team award presentations will be made by coaches of each sport in separate rooms.

Banquets are dressy occasions. Proper dress for athletes is required; jeans, tennis shoes, flip-flops, and t-shirts are not considered appropriate dress.

ATHLETIC AWARDS POLICY

Student-athletes may earn the following awards based on athletic achievement and commitment during the season.

1. **LETTERS** – Letters are given to those who earn them by meeting the requirements set by the coach and completing the season. The head coach will publish the criteria for lettering at the Pre-Season Parent Meeting. An athlete may receive a letter only once during her career no matter how many times she is honored as a letter winner. The actual letter is given the **FIRST** time an athlete earns a letter. Any senior who completes the season receives a letter.
2. **JV TEAM** – A certificate and a sport pin will be given to all athletes that complete the season on the JV team.
3. **FRESHMAN TEAM** – A certificate and a star will be given to all athletes that complete the season on the freshman team.
4. **FIRST YEAR LETTER WINNERS** - A certificate, sport pin, and Varsity letter will be given to all athletes that earn a letter on the Varsity team.
5. **SECOND YEAR LETTER WINNERS** - A certificate and plain stripe will be given to all athletes that earn a second letter on the Varsity team.
6. **THIRD YEAR LETTER WINNERS** - A plaque and plain stripe will be given to all athletes that earn a third letter on the Varsity team.

7. **FOURTH YEAR LETTER WINNERS** - A plaque and stripe with a twill insert will be given to all athletes that earn a fourth letter on the Varsity team.
8. **MOST VALUABLE ATHLETE** – This award will be given to the athlete that is vital to the team in skill and performance, a major factor to the success of the team, outstanding skill in the sport, contributes largely to the score of the a team, and show exemplary leadership, positive attitude, and commitment to her sport and team.
9. **MOST IMPROVED ATHLETE** – This award will be given to the athlete that has improved her skill level greatly.
10. **SPIRIT AWARD** – This award is give to the athlete that shows exemplary leadership, attitude, and commitment to her sport and team.

ATHLETIC BOOSTER CLUB

The purpose of the Athletic Booster Club is to be a spirit group for athletes and athletic related programs at Beaumont School. Specifically, they will be responsible for supporting the sports banquets, senior nights, and alumnae-athlete events. The booster club also supplements the athletic budget with approximately \$30,000 per year. In a typical year, the Booster club purchases:

- Special Awards- t-shirts, plaques, etc. for state qualifiers
- Coaches Attire
- Food (banquet and team meals)
- Spirit Clothing
- Senior Night Decorations/Food
- Banquet Decorations
- CPR/PAV Certification for Coaches
- 3-Year Uniform/Warm-Ups
- Trainer Salary
- Strength and Conditioning Coach
- TV/VCR
- Maintain Athletic Field

The Boosters Club will meet on the first Tuesday of every month, excluding August, January, and June at 7:00 pm to discuss their various fundraisers. They are always looking for volunteers to work at the Captains Game, concession stand, spirit store or to stock the vending machines.

UNIFORM/WARM-UP REPLACEMENT

The Athletic Boosters have agreed to replace uniforms and/or warm-ups on the following schedule:

06 - 07

Soccer	3,000
Golf	1,000
Basketball	3,000
TOTAL	7,000

07 – 08

Track	2,500
Softball	3,000
Tennis	1,000
Swimming	1,000
TOTAL	7,500

08 -09

Lacrosse	2,500
Volleyball	3,000
Softball	3,000
TOTAL	8,500

CONTACT INFORMATION

Athletic Office 216 321-1861
Hotline: 216 321-5462 option 5
Fax Number: 216 321-3947
Email: LLongo@beaumontschool.org
Website: www.beaumontschool.org

Appendix A

Appendix B

ADDING A SPORT

Beaumont School believes in providing all student-athletes with quality, competitive programs. In order for a group of students to petition the school to add an additional sport the following steps must be followed.

- Step 1: Petition the Beaumont athletic department to be considered a club sport. The petition must include . . .
- The governing organization of this sport and the rules regarding competition – including start date, number of contests, etc.
 - Provide a list of students that are interested in the sport. (The intent is NOT to draw more than 20% of the players from already existing sports during the same season of competition.)
 - An initial schedule of competitions and practices
 - An initial coaching roster
 - The name of the student-athlete that is the liaison between the proposed team and the Athletic Director.
- Step 2: Once the petition for a CLUB sport is granted, this group of student-athletes must be self-sufficient and follow all Beaumont and OHSAA rules and regulations for up to 3 years including but not limited to . . .
- schedule and compete in a full season of games and scrimmages
 - purchase equipment
 - purchase uniforms
 - pay for officials
 - provide for transportation
 - practice 5-6 days per week
 - check student academic eligibility
 - have certified coaches (PAV, CPR, van driving, T-B test, BCI report, VIRTUS training, and blood born pathogens training)
- Step 3: Petition the Beaumont athletic department for consideration as a Varsity sport after the completion of the 3rd year of a club sport
- Financial summary of all expenses and possible revenue
 - Projected expenses for the next competitive season
 - Summary of competitions last three years
 - List of anticipated athletes and coaches for next season
 - Initial schedule for next year

Petitions will be reviewed by the Athletic Advisory Committee, the Principal and the Assistant Principal of Beaumont School

Appendix D

2008 - 2009 Ticket prices

Admission will be charged for all JV/V Contests in Basketball, Soccer, Swimming, and Volleyball

Adults:	\$5
Beaumont Students:	Free With ID
Students (9 - 12):	\$3
Students (K - 8):	Free
Senior Citizens:	Free
Fall Family Pass:	\$80
Fall Individual Pass:	\$50
Winter Family Pass:	\$80
Winter Individual Pass:	\$50

Season Pass Order Form

_____ Fall Family Pass @ \$80 _____ Winter Family Pass @ \$80
_____ Fall Individual Pass @ \$50 _____ Winter Individual Pass @ \$50

Passes are good for any regular season home contest!

Total enclosed: _____ (Make checks payable to Beaumont School)

Name: _____ Phone: _____

Address: _____

Mail to: Athletic Director, Beaumont School, 3301 North Park Blvd.,
Cleveland Heights, OH 44118

SIGN OFF SHEET

Beaumont Athletics

With my signature, I fully understand what is expected of me.

Student-Athlete Signature

Date

I understand what is expected of my daughter, what she has agreed to, and what is expected of me.

Parent/Guardian Signature

Date